

# The Life Planning Network: Shaping the Future of Aging



The Life Planning Network is dedicated to promoting positive aging and shaping the future of aging through dialogue, information and expertise.

We are a national association of professionals from diverse disciplines who help those planning and transitioning to their next phase of life. That can include beginning a new career after age 50 or volunteering/contributing in other ways, discovering housing options, caregiving for loved ones, navigating financial and legal issues, coaching others in transition, maintaining health, well-being and vitality, and exploring future chapters.

**Mission:** Lead, support and inspire positive aging professionals working to optimize lives and benefit society.

## About

Founded in 2002, LPN is a 501c3 non-profit organization with a nine-member National Board elected annually by its membership.

Members reside in 23 states, the District of Columbia, and Canada, and are organized into a national chapter and three regional chapters.

National and regional programs are offered virtually and regional chapter members meet quarterly in person.

### Regional Chapters

Chesapeake (Maryland, DC, Virginia)  
New England (CT, RI, MA, NH, VT, ME)  
NorCal (Northern California)

Growing Chapters: Atlanta, Philadelphia, and Louisville, Kentucky

Other Groups: Twin Cities, Minnesota and Southern California

## Leadership and Contacts

Joyce Cohen, LPN President - [lpn@lifeplanningnetwork.org](mailto:lpn@lifeplanningnetwork.org)

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Chesapeake (CLPN)

Elizabeth Mahler - [Chesapeake@lifeplanningnetwork.org](mailto:Chesapeake@lifeplanningnetwork.org)

New England

Bruce Frankel and Barbara Abramowitz - [NewEngland@lifeplanningnetwork.org](mailto:NewEngland@lifeplanningnetwork.org)

Northern California (NorCal) - Donna Schafer - [NorCal@lifeplanningnetwork.org](mailto:NorCal@lifeplanningnetwork.org)



## Signature Programs



**LPN-Q, *The Quarterly Journal of the Life Planning Network*** - Our exclusive quarterly journal written by members and other professionals that addresses timely and relevant topics to the positive aging field.

***Live Smart After 50! The Experts' Guide to Life Planning for Uncertain Times*** - An LPN-authored book written by the nation's top experts in life planning and positive aging. Rich in practical experience, self-exploration exercises, and diverse resources, *LSA50!* helps with the challenges of aging in the 21st century and guides those preparing for the second half of life.



### **Advocacy Leadership for Positive Aging –**

A volunteer and professional leadership training program for service providers and volunteers experienced in working with older adults. ALPA tools increase staff effectiveness and promote client self-management.

### **Opportunities and Benefits**

Network, collaborate, and learn with colleagues who are continually expanding their expertise to help clients. Benefit from webinars and teleconferences, in-person chapter meetings and LPN publications. Expand personal and business potential. Get involved with special projects, create practical and innovative resources, and participate in interest groups, special projects like LPN's Speaker's Bureau, and alliances with like-minded organizations.

See more at [www.lifeplanningnetwork.org](http://www.lifeplanningnetwork.org)